Faculty of Medical Sciences in Kragujevac

Integrated Academic Studies of Medicine

Sports medicine

1st week

1. Methodology of sports medicine examination – anamnesis
2. Methodology of sports medicine examination – physical examination
3. Methodology of sports medicine examination – anthropometry
4. Methodology of sports medicine examination – functional testing
5. Methodology of sports medicine examination – laboratory analyses
6. Members of the sports medicine team
7. Role of sports doctor in the sports medicine team
8. Role of physiotherapist in the sports medicine team
9. Physical inactivity ​
10. Physical ability
11. Physical fitness
12. FITT principle